

**Order of Worship: 9:30 am March 3, 2024**

**Pastor Phil Rogers**

**Worship Leader: Meghan Washburn**

**Musicians: Kristeen Polhamus, Meghan Washburn, Erin Jackson**

**AV: Chuck Laishley, Ken Dodson, Carl Erickson**

**Gathering Music**

Kristeen Polhamus  
<acolytes bring the light in>

**Welcome**

**Mountain Vista United Methodist Church is a Christ-Centered community, drawn together by the Holy Spirit, to experience, express, and expand God's Love through Jesus Christ**

**Announcements:** Attendance, Nursery during worship, Sunday School, Blood Drive tomorrow, Daylight Savings, UMW

**Call to Worship:**

L: Come away with me to a quiet place,

**P: apart from the world and its frantic pace,**

L: to pray, reflect and seek God's grace.

**P: Come away with me. Come away.**

L: We Come today with thoughts

**P: of the countless ways that God's**

L: steadfast love blesses all our days,  
and join with me in silent praise.

**P: Come away with me. Come away.**

**\*Hymn:** "In the Garden" #314  
Kristeen Polhamus & Meghan Washburn

**Holy Communion & Lord's Prayer**

music by Meghan and Kristeen

**Children's Time:** "Jesus Loves Me... Yes Jesus Loves Me"

**Scripture reading: Ecclesiastes 7:23-24, 29 & Mark 6:31-32 CEB**

The Word of God for the people of God – **Thanks be to God**

**\*Song:** "Simple Gifts" see insert  
Kristeen Polhamus & Meghan Washburn

**Message: "Building Spiritual Muscle: Simplicity and Solitude"**  
Pastor Phil Rogers

**\*Praise Music:** "In the Secret" Erin Jackson

**Offering:** Please give generously in support of our ministries as the plates are passed down your row or give online [www.mtnvistaumc.org](http://www.mtnvistaumc.org) GIVEPLUS

**Offertory Special Music** "Oceans (Where Feet May Fail)"  
Erin Jackson

\*Doxology #95

**Blessing over the offering**

**Prayers of the People**

**\*Praise Music:** "Goodness, Love, and Mercy" Erin Jackson  
<acolytes take the light out>

**Benediction & Sending Music**



VANCO Giving

CCLI #1369861, CVLI #20986435

**WORSHIP: 9:30am in-person and online**

<http://www.mtnvistaumc.org/worship.html> or  
<https://www.facebook.com/MtnVistaUMCUtah/>

**If you are joining us online, please sign in using the website worship tab.**

**Hearing assist** devices are available at the sound booth.

**Children** are welcome in worship, children’s Bulletins are available.

**Youth & Children’s Sunday School classes are available after worship (10:45am) in the Fellowship building.**

**Lent Study:** Sundays, 10:45am through March 24, or Tuesdays, 11am through March 26 with Pastor Phil

**Linus Ladies:** Wednesdays 1-3pm in Fellowship Hall, making beautiful comfort blankets for Project Linus to be given to children in crisis.

**Blood Drive:** Monday March 4, 1-7pm Sign up now at [Redcrossblood.org](http://Redcrossblood.org) search code: **MountainVistaUMC** – or contact [office@mtnvistaumc.org](mailto:office@mtnvistaumc.org).

**Daylight Savings Time begins March 10 at 2am, spring forward! Lose an hour of sleep, but don’t miss church!**

**UMW:** Hosting Church Women United - Human Rights Celebration, Friday, March 15: 9:30am Registration (\$2.00) Fellowship Hall. Lunch (\$6.00) RSVP to Mary Ann Allison at 801-278-9223 by Monday, March 11. (No Saturday UMW meeting in March).

**Palm Sunday:** March 24, 9:30am

**Good Friday:** March 29, 7:00pm

**Easter Sunday:** March 31

7:30 Sunrise service, in the Pavilion (dress warmly)

Potluck Breakfast

9:30 Easter Service

Easter Egg Hunt after worship

<b>Attendance:</b>	Feb 4	Feb 11	Feb 18	Feb 25
9:30am combined	67	79	70	74

<b>Giving General Fund:</b>	\$2,398	\$2,913	\$3,533	\$8,695
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Thank you for your giving and support of Mtn. Vista & our ministries!

Average Weekly Expenses: \$3,760



**March 3, 2024 – 9:30 AM**

**“Building Spiritual Muscle:  
Simplicity and Solitude”**

Pastor Phil Rogers

Mountain Vista United Methodist Church  
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[www.mtnvistaumc.org](http://www.mtnvistaumc.org)

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