



# The Mountain View

Mountain Vista United Methodist Church

8931 South 3200 West

West Jordan, Utah 84088

(801) 280-4148 Pastor's Cell (801) 651-6188

Steve Reinhard, Pastor

Lorraine Wilkinson and Raedell Elizondo - administrative assistants

Office Hours: 9 a.m. - 3 p.m. Monday, Tuesday & Thursday, 9 a.m. - 1 p.m. Wednesday & Friday

[office@mtnvistaumc.org](mailto:office@mtnvistaumc.org), [PastorSteve@mtnvistaumc.org](mailto:PastorSteve@mtnvistaumc.org)

[www.mtnvistaumc.org](http://www.mtnvistaumc.org)

## NOVEMBER 2009

### Lay Leader's Letter

#### *Should "Smart Car" Drivers Smoke Cigarettes?*

Steven Woodward

As I drove to work the other day, I passed a little yellow Smart Car. I love Smart Cars because they bring back happy memories of our trip to Italy two summers ago, where I first saw them. Europeans tend to drive small cars. I think this has more to do with the fact that the roads are often narrow, old, winding and sometimes still cobblestone than with a burning desire to save the environment. Although the cost of gas in Europe does tend to encourage fuel economy.

Not long after returning from Italy, I went to the DMV to get a new driver's license. I was standing in line outside the DMV waiting for it to open and a woman drove up in a little Smart Car. I couldn't believe it. She got in line behind me and I asked her where and how she'd gotten her car. She explained that she and her husband had special ordered it and it had just arrived – there were only two in Utah. They purchased it because they get incredible gas mileage and she and her husband shared a concern about the air quality of the Salt Lake Valley and wanted to do something about it. I commended her for putting her money where her mouth was, because Smart Cars are little cars with large price tags. But she quickly informed me that they weren't as "good" as they appeared . . . their other vehicle was a Hummer!

Since that time, more Smart Cars have appeared on the road in Utah. My general impression of Americans who purchase them is that they are people who are "environmentalists." People who shun larger gas-guzzlers because they want to improve air quality and save energy and money.

Yet . . . the other day, I saw that little yellow Smart Car and as it passed me, I got a clear view of the driver. He had the window down and he was smoking a cigarette. The irony struck me so much that I grabbed my cell phone and I called home to tell Geniel to see if she saw the irony too. Someone so committed to clean air he bought an expensive car that seats exactly two and has "trunk space" with the capacity to hold a brief case, yet he was smoking a cigarette. He saves money on gas but wastes money on cigarettes. He keeps the air cleaner by driving a Smart Car but pollutes the air by smoking cigarettes. He drives a symbol of "healthy living" while destroying his health by smoking. How do you take someone like that seriously?

Then I thought of the first Smart Car owner I met . . . her other car was a Hummer! What's up with that?

Clearly, these people have a passion or deeply felt belief about something. Clearly they are trying to live according to that principal. Yet their actions are contradictory. Yes – they talk the talk, but they aren't walking the walk. This is the perfect illustration – the perfect object lesson of how people talk big but will compromise their principals if those principals prove too difficult to live by when push comes to shove.

The Bible is full of examples of people who talk the talk but fail to walk the walk. Think of the Pharisees. Do you remember the seven "woes" in the book of Matthew? In Matthew, Chapter 23, Jesus tells the crowd not to do what "teachers of the law and the Pharisees" do. He says they "do not practice what they preach." And he continues until he is addressing them directly, repeatedly calling them hypocrites and blind guides.

Clearly, we are intended to do as we say. And clearly, my "Smart Car hypocrites" illustrate how actions speak louder than words. And how our actions often contradict our words. Like puffing on a cigarette while driving a car designed to keep the air clean.

Then I started thinking about how hard it is to quit smoking. I know this, I used to smoke. And not even that much. But quitting was extremely difficult. In fact, I quit every January 1st for about four years until it finally "stuck" beyond March! Yep – one of those New Year's resolutions we all make and seldom keep. Hmmm . . .

And then I thought of how much I dislike judgmental people and how much I dislike that quality in myself. Judging the actions of another without compassion and mercy and in a manner that is “superior” is not appropriate.

Then another scripture sprang to my mind. The story of the rich young man. Beginning in Mark 10:17 we read,

<sup>17</sup>As Jesus started on his way, a man ran up to him and fell on his knees before him. “Good teacher,” he asked, “what must I do to inherit eternal life?”

<sup>18</sup>“Why do you call me good?” Jesus answered. “No one is good – except God alone. <sup>19</sup>You know the commandments: ‘Do not murder, do not commit adultery, do not steal, do not give false testimony, do not defraud, honor your father and mother.’”

<sup>20</sup>“Teacher,” he declared, “all these I have kept since I was a boy.”

And Jesus goes on to tell him that he lacks one thing; that he should sell everything and give it to the poor so that he’d have treasure in heaven. At that, the young man walks away very sad because, although he is a man who lives according to his principals, parting with his wealth and his easy life is more than he can bear. And so, his principals are compromised.

I realized that just as quitting smoking was difficult; parting with my comfortable life would be pretty difficult too. But the main reason I thought of this scripture was because of something that happens between the young man’s declaration of how he keeps the commandments and Jesus telling him what he lacks.

At the beginning of verse 21, it says, “Jesus looked at him and loved him.”

You see, Jesus knew perfectly well that the young man would not be able to do what Jesus asked. But he still loved him.

Walking the walk is tough. Every day I try to be a man of principal but at some point in the day, I compromise myself. Yet I know God still loves me. And I know God doesn’t want me to judge others who compromise their principals and stray from the path they “say” they will walk. God wants me to have compassion for them and to encourage them to get back on the right path.

Then another scripture sprang to my mind . . .

John 13:34, <sup>34</sup>“A new command I give you: Love one another. As I have loved you, so you must love one another.

If there is one fundamental principal by which I should live . . . surely this is it! Any stand I take on any issue pales by comparison. And if loving others, as Jesus loved the rich young man, is my guiding principal, then how much better I’ll be able to express my ideals to others. More importantly, how much better I’ll be able to receive the ideas and opinions of others; whether I agree or not.

The things that we stand for and the paths that we strive to follow, are often controversial. The Desiderata, by Max Ehrman, says, “Speak your truth quietly and clearly and listen to others, even to the dull and ignorant; they too have a story to tell.” Clearly, Max Ehrman understood that that the overarching principal by which we should live is “love one another.” It seems that this is the catalyst for mutual respect – even in disagreement.

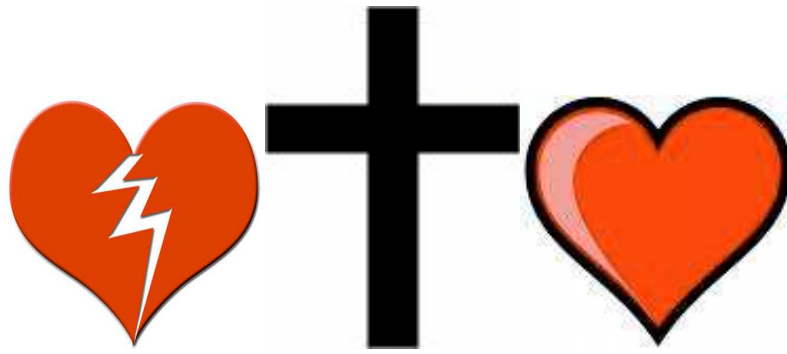
So, I found myself having empathy for my Smart Car friend. He was doing what he could and struggling with his struggles. Just like everyone else I know. And God knows that this is our condition. Thank heaven we do have principals we strive to live by, even if we often fall short.

So I came up with the Smart Car guide to Walking the Walk:

Say what you mean . . . or in the words of Max Ehrman,  
Speak your truth quietly and clearly . . .  
Mean what you say  
Act on your intentions  
Respect others  
Treat others the way you want to be treated



Now, perhaps the next time you see a Smart Car, you’ll not only be reminded of the importance of doing your part for cleaner air, you’ll remember to strive to live according to your principals and have compassion for those who sometimes fall short . . . including yourself.



# 2010: A Musical Odyssey

## A Labor of Love

An Original Musical by Pastor Steve Reinhard

**The First Two Weekends in November, 2009**  
**Fridays & Saturdays, November 6, 7, 13, and 14**  
**7 p.m.**

*Mountain Vista United Methodist Church*  
*8931 South 3200 West, West Jordan, Utah*

**Tickets: \$5**

**Children 12 & Under and Seniors: \$4**

**Purchase tickets at the door or...**

**FOR RESERVATIONS: 801-280-4148**

or [Office@MtnVistaUMC.org](mailto:Office@MtnVistaUMC.org)

*Proceeds will go 50% to **Family Promise**—  
Hosting Homeless Families across the Salt Lake Valley  
and 50% to the **Mountain Vista Building Fund***

*“The Journey from Hurt to Wholeness  
is Bridged by the Cross”*



## EVENTS:

*For where two or three are gathered together in My name,  
I am there in the midst of them. ~Matthew 18:20*

**WORLD COMMUNITY DAY, CHURCH WOMEN UNITED - NOVEMBER 6, 2009, "Piecing Earth Together" AT HILLTOP UMC** 985 East 10600 South (Sandy)  
9:30 - 1:00, \$5.00 donation including lunch  
Please bring "Un-expired" Canned Goods for Volunteers of America

**Move It! Fitness class** is meeting only twice in November: Nov.5 & Nov.12, 5:30pm. (If you have hand weights (2-5 lbs), please start bringing them to class. There will be options if you'd like to incorporate them into your workout.)

**2010: A Musical Odyssey, A Labor of Love**  
An original musical by Pastor Steve  
November 6,7,13, and 14 at 7:00pm at Mtn Vista UMC. \$5.00 donation



**POTLUCK** - join us with a Potluck dish before seeing the Grand Finale Musical  
November 14, 5:30pm in Fellowship Hall. Please bring a potluck dish for you and your family and friends!  
After diner please stay and watch the Grand Finale of the 2010 Musical Odyssey written by our own Pastor Steve.

**Trinity UMC Harvest Dinner & Island Dancing Fundraiser**, Saturday Nov 14 5-8pm. \$10 per adult. Gift Baskets available for auction.

**Food Co-op November 21, 10:00-12:30**  
Place your order at [www.foodco-op.net](http://www.foodco-op.net)  
Contact Nancy P. for details

All Operation Christmas Child boxes should be at the church by Sunday, November 22.

**Family Promise Date:** November 22-29, (Thanksgiving week)  
Sign up on the clipboard to help provide meals, hosts & fellowship for homeless families. Hosts needed all day Thursday and Friday.

The Rev. Brian Diggs, former pastor at FUMC in Salt Lake City and now director of UMCOR West Office and Depot, is fulfilling a boyhood dream to become a professional wrestler – the fake kind of course! After several weeks of painful training sessions **Rev. Brian, aka the "Deacon of Doom" will make his wrestling debut on Nov. 21st at the South Valley Boys and Girls Club located at 244E Vine St (just**



off State Street and 4700 S) in Murray, UT. Bell time is 6:30. Brian would love to see you there.

## INTO THE FUTURE!!

**Church Charge Conference: Wednesday, December 2, 7:00pm - Potluck!**

**Emmaus Gathering December 6, 3pm at First UMC, SLC**

**Santa's Christmas Cookie Shop & Boutique - Saturday, December 12 (Set up Friday Dec 11)**

**Food Co-op December 19, 10:00-12:30**

**Chili Cook-off and Caroling Saturday, December 19 at 5pm**

**Christmas Programs**

**Broadway! Practice starts in January! Sundays 1-5:00pm and Tuesdays 7-9:00pm.**

**Next Blood Drive March 8, 2010**

**Broadway! Performances Fridays & Saturdays in May, with one Sunday Matinee.**

## web

Check out Mountain Vista's web site:  
<http://www.mtnvistaumc.org/>  
for Recorded Sermons, Newsletters, information and online donations.

"Internet Services Donated by XMission"  
Web Master: Marlene Reeves

We also have a Youth Blog:  
<http://mvumcyouth.blogspot.com/>  
A Boy Scout web site:  
<http://mvbstroop1012.scoutlander.com>  
And a Facebook Group:  
[Mountain Vista United Methodist Church](#)

## Worship Schedule:

Sunday 8:15 a.m., 9:45 a.m. and 11:15 a.m.  
Wednesday 6:00 p.m.

**Adult Sunday School:** 9:45  
Jr and Sr High Sunday School: 10:00  
**Children's Sunday School:** 10:00

EVENTS & ACTIVITIES COMMITTEE  
HAPPENINGS...



**Upcoming November Event** will be a "Potluck" before the Grand Finale 2010 Musical Odyssey, on Saturday, November 14th. Everyone Bring a Potluck Dish at 5:30pm to the Fellowship Hall. We will all enjoy a Potluck Meal before seeing the Grand Finale of the 2010 Musical Odyssey. Watch for sign up sheet and upcoming flyers, bulletins and announcements.

**Upcoming December Event** will be a Chili Cook-off and Christmas Caroling. First prize for best chili will be a \$50.00 visa gift certificate, Second prize will be a \$25.00 visa gift certificate, and Third prize will be movie tickets. The Best part of this event will be tasting all the wonderful Chili, and then Christmas Caroling. Watch for sign up sheet and upcoming flyers, bulletins and announcements.

**Move it! Is an exciting, ongoing event....** a fitness class at Mountain Vista meets Thursdays from 5:30 to 6:30pm in the fellowship hall. If you'd like to join contact Angie at [ajteply@yahoo.com](mailto:ajteply@yahoo.com) or just show up with a mat. It is free, fun and you can come whenever your schedule allows. We do cardio for 30 minutes and then Pilates for 30 minutes. We must continue to squeeze those cheeseburgers out of our thighs.  
Angie  
Meeting only twice in November: Nov.5 & Nov.12, 5:30pm.

**GHOST BUSTER BINGO**, was held on Sunday, October 11<sup>th</sup>. The Bingo events are a big hit for all!! At Ghost Buster Bingo, players said "Ghost" instead of Bingo, which prompted everyone else to say "Boooooo" A scary good time indeed. The prizes continue to be creative and hilarious, you never know what to expect. Special thanks to Clarence Strohn for being our MC for the night. Watch for pictures on Face Book.

In the Near Future Events: Watch for Book Exchange & Potluck, and Ice Skating at Galivan Center.

Do you have an idea for an Event or Activity? Share your ideas with us by putting them in the Suggestion Box, located in the Fellowship Hall



**2010: A Musical Odyssey, A Labor of Love – An original musical by Pastor Steve Reinhard. "The Journey from Hurt to Wholeness is Bridged by the Cross"**  
**November 6,7,13, and 14 at 7:00pm at Mtn Vista UMC.** Tickets are \$5.00 call 801-280-4148 for reservations. Proceeds will benefit Family Promise and Mtn Vista's building fund.

**Praying for all who are seeking employment, our service men and women, and all who are in need of healing.**

## Santa's CHRISTMAS COOKIE Shop and Boutique



It is time once again for our annual Christmas Cookie Sale. This is a bake sale where cookies and candies are sold by the pound. The buyer walks around a group of tables filled with platters of cookies, candies, pastries, breads, choosing his/her own assortment and placing them in a box, which is weighed when the buyer is done. There will also be a variety of crafts available and a wall hanging to be raffled.

**This event will take place on Sat., Dec. 12, 2009 from 8am-3pm.**

We are in need of lots of donated cookies and candies. We are asking people to donate in multiples of at least 3 dozen per type of cookie or candy. The sign up clipboard will be available in the clipboard cabinet in the Fellowship Hall. We would like all kinds of cookies (no chocolate chip, please) with different textures and colors. Cookies/candies that sell best are "pretty" and small to medium in size and not gooey ones that stick to everything else in the box and not any cake like products. Pull out your favorite recipes for cookies, candies, breads, etc. and get to planning. Please bring your goodies to the fellowship hall on a cookie platter or in a Tupperware container (remember to put your name on all containers), Friday, Dec. 11th between 4-7pm so we can set everything up the night before. If you have craft items to donate, also bring them at this time with a suggestion on price for the items.

How can you help even more? Come to the event on Saturday and tell all your friends, neighbors, and relatives about the event so they can come and buy all the cookies/candies they will need for the holidays. These boxes of goodies are a great idea to take to the office, give to neighbors, and relatives.

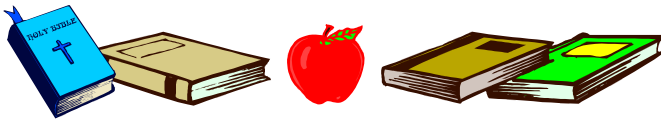
Gift certificates will be available for purchase in early November. A \$5.00 G.C. gets your friend 1 lb. of goodies. Hopefully when they come in to redeem it, they will also add to it.

We look forward to seeing you on Dec. 11, to deliver and Dec. 12, to buy, making this event a great success! If you are interested in helping set up the night before or working the actual sale day or have any questions at all, please call Patti C



## WORSHIP AND STUDY

*They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer. ~Acts 2:42*



### Sunday Worship Services:

Traditional: 8:15 a.m., Casual: 9:45 a.m.  
He-Brews Contemporary: 11:15 a.m.

### Bible Study

**-Sunday School Classes for ages 4 thru Sr. High at 10:00 (after children's time) located in the Fellowship Bld.**

**2 Adult Sunday School Classes at 9:45**

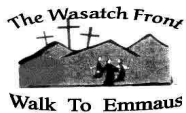
**- When Christ Lives In Us - led by Anita, located in the Sanctuary Bld kitchen.**

**- Study of the Travel and Ministry of Paul (Acts) - led by Bob, located in the Sanctary Bld Large Meeting room.**

**Monday - - Bible Study 6:25-7:30pm in the single classroom The Monday night Bible study is open to all. We will be studying the Book of John - the ABCDE approach - A - A title for that chapter, B - Best verse, C - Challenge, D - Difficulty (comprehension or application), E - Essence or overview. 6:25 p.m. Leader: Shannon**

**Wednesday - Women's Bible Study 9:00am at Linda's**

**Saturday - Men's Bible Study 8:00am at Mtn Vista**



### Emmaus

-Emmaus **Board Meeting** November 10, 7pm at Trinity UMC in Kearns.

-Emmaus **Gathering** December 6, 3pm at First UMC in Salt Lake.

-Team meetings TBA

-Men's Emmaus Walk February 25-27

-Women's Emmaus Walk March 4-7



### 4<sup>th</sup> Day Reunion Groups

Monday 7:30 pm Women's Circle of Friends @ Tracy's

Friday 7:00 am Men's Reunion: @ Village Inn 8921 S Redwood Rd.

Saturday 8:30 am Women's Reunion @ Espresso Connection (4465 S. Redwood Road)

*"While they were talking and discussing, Jesus himself came near and walked with them." -Luke 24:15*

## Mission Outreach Committee

### Family Promise Hosting

The Mission Outreach Committee met with Tony from Family Promise on October 13<sup>th</sup> to gather information regarding hosting of families this coming year. After proposing to Ad Council that we move forward with this, a vote was tabled, pending a comment-gathering period from the congregation. Most comments have been very positive so far, and a final vote will come at next month's meeting. If we go ahead with this, our first hosting week is planned for the week of January 31 to February 7.

Family Promise will supply air mattresses for the families to use while they are here. We will store them, and they will be available for us to use as we may need for youth retreats, Emmaus, or other overnight events. We will have to supply most other supplies, including bed linens, towels, TV antenna/converter box, cleaning supplies, etc. We are hoping to have most of these items donated, so watch for future announcements.

We are looking forward to this opportunity to continue in this ministry, and to do it in our own facility. If you have questions, concerns or suggestions, please contact Jerry.

### ~~~~MISSION WORK~~~~

*YOU ARE ONE OF GOD'S CHILDREN, I SEE THE RESEMBLANCE!*

### OUTREACH IN OUR COMMUNITY:

#### INVITATION FOR OUR NEXT FAMILY PROMISE HOSTING:

Everyone is invited to serve God by being a host for our next week with Family Promise. This will be November 22-November 29, 2009 at Hilltop House in Sandy. This is **Thanksgiving week**, so we will be responsible for having someone at the house all day on Thursday (Thanksgiving Day) and Friday in addition to the weekend.

The Thanksgiving Dinner has already been taken by 3 hosts, so we need bodies to help out. Much appreciation to these 3 hosts.

Sign-up sheets are posted at Mountain Vista UMC and Trinity UMC. Theme: **We Love Jesus!**

All of you have been awesome in your response over the 3 years I have been coordinator. My deepest appreciation to you for showing your love for God in doing all you do to help others.

God bless and be with all of you. ~Jane T

#### Sandwich Ministry at St. Vincent DePaul

Thank you to everyone who continues to support the Sandwich Ministry and provide sandwiches to serve to homeless individuals at St. Vincent De Paul. October 19<sup>th</sup> was Sandwich Day for the month of October. Mountain Vista provided 58 loaves of bread and served nearly 350 people.

If you are interested in learning more about this ministry, contact Lesa S



**Crossroads Volunteer** sign ups to help with the Thanksgiving giveaway are now open. First come, first served. Please contact Linda H at (801) 364-7765

**Collecting:** (Collection area in the Fellowship Hall)

Clothing for Crossroads Thrift Store  
Canned goods for Crossroads food pantry  
Trial size shampoo & lotion for South Valley Shelter.  
Box Tops for Education for local community services  
Pop Tops for SLC Ronald McDonald House  
Aluminum cans for our Choir Music Fund  
Recycle paper for our Building Fund  
Blankets for Project Linus  
Lap quilts for the Veteran's Hospital  
Donations for Love Fund – one time assistance  
Plastic Bags for Community Food Co-op

**Community Food co-op** - provide quality, healthy food at a substantial savings through cooperative purchasing and build a sense of community by bringing people together and promoting volunteer service.

**Volunteers & Trucks are needed** for the distribution site, to drive to the warehouse and pick up our order, or other opportunities at the warehouse. You can get involved with your team by signing up when you pick up your food or contact Nancy Peralez or Michelle Strohn. Become a Community Co-op member and order food! Go to [www.foodco-op.net](http://www.foodco-op.net) for more information.

**CROSSROADS URBAN CENTER**

**Food Pantry:** 347 S 400 E

**Needed this month:** Stuffing & canned fruit & veggies. All nonperishable food items accepted!

**Thrift Store:** 1385 W Indiana Ave (850 S)

**Most Needed:** Bedding - sheets, pillows and pillowcases, blankets, sleeping bags. Winter and Job-hunting clothes also needed.

Items may be brought to the church and will be delivered to Crossroads.



**Sandwich Mission –**

4 loaves of individually wrapped sandwiches

**Sunday, November 15:** Make/bring sandwiches to church

**Monday, November 16:** Bring sandwiches to the church before 3:00.

Deliver & Serve sandwiches, 4:45pm at St Vincent DePaul Center, 500 West 200 South

For any questions, contact Lesa [sean-stone@comcast.net](mailto:sean-stone@comcast.net).

"Oh yeah, these are the GOOD sandwiches! Where are you from? Yeah, the Methodists make good sandwiches."



*Let us love, not in word or speech, but in truth and action.  
~1 John 3:18 NRSV*

**REACHING OUTSIDE OUR COMMUNITY:**

**Collecting:** (Collection area in the Fellowship Hall)

Soup labels for Redbird Mission (Please include the barcode and "label for education" mark.)  
Eyeglasses in good condition for future Mexico, Central and South America Mission trips  
Donations for Pakistan Mission trip – Pac My Bags  
Donations for Mercy House Coffee



**Operation Christmas Child**

The Kick Off for Operation Christmas Child was October 11 and we are in full swing. Our goal at Mountain Vista is to collect 120 boxes that will be distributed to children all over the world. A table is set up in the fellowship hall with boxes and brochures as well as informational sheets and certificates for children who want to participate. The National Collection week is November 16 through 23. **All boxes should be at the church by Sunday, November 22.** Should you have any questions, please contact Lesa.



**UMCOR**

UMCOR depot in Salt Lake City is a hub for relief supplies to be shipped all over the west and many places overseas. Volunteers needed! **Come help put kits together** at 1479 South 700 West. Call Rev Brian 801-973-7250 or Email: [WestDepot@UMCOR.org](mailto:WestDepot@UMCOR.org)

**Church Women United**

A multi faith gathering of Christian Women  
Mark your calendar and plan to attend CWU's World Community Day Celebration  
When: Friday, November 6, 2009 (1<sup>st</sup> Friday)  
Time: Morning (approx. 9:30 - 1:00, including lunch)  
Where: Hilltop United Methodist Church  
985 East 10600 South (Sandy)  
Theme: "Piecing Earth Together"  
Keynote Speaker: TBA  
Focus on Environmental Care  
Registration: \$1 Lunch: \$4.00  
Community Outreach: Please bring "Un-expired" Canned Goods for Volunteers of America --- Details to follow  
Free-will Offering: Used for CWU National Programs: Checks need to be made payable to: "Church Women United"  
Lunch RSVP: To Barbara Stone at 801-262-1109 or Sally Hoffelmeyer-Katz at 801-272-5356 by Monday, November 2<sup>nd</sup>  
This is a wonderful ecumenical celebration shared worldwide and an opportunity to learn and grow spiritually and personally. Hope to see you there. Mary Ann Allison

**Mom's Club:** Meets the last Tuesday of the month at 10:30am Call Melissa M to get registered 801-706-6590 \$25.00 fee

# Kids

Angel Choir has moved to Thursdays at 4:30 (for children ages 3-8)

Acolytes needed for all services! Contact the office.

**LIVE B.I.G.** Sunday school classes 10:00am Join the fun!

The 2009 - 2010 classes are off to a great start with every classroom full. Terrific teachers and lots of kids make for lots of fun. Be sure to join us Sunday mornings at 10:00 for ages 4 years up through Sr. High!



## SCOUT NEWS

### Girl Scouts:

Girl Scouts - Troop 2120, Mondays 7:00pm, **Sept.**– May  
Girls K-12 grade  
Brandee (801-573-3515)



### Cub Scouts

Cub Scouts - Pack 4012, Tuesdays 7:00pm, **Aug.**– May  
Boys age 7-11 (1<sup>st</sup>–5<sup>th</sup> grade)  
Kristin (801-282-5378)



We are excited to have lots of fun activities planned. Come check us out we have a pack meeting every month on the 4th Tuesday and den meetings are on the 1st & 3rd Tues of the month.

### Boy Scouts:

Boys 10 1/2 – 17, Troop 1012 meets **year-round**, Tuesdays at 7:00 P.M. in the Sanctuary. (No meeting the last Tuesday)

See our schedule at:

<http://mvbstroop1012.scoutlander.com>

You can contact the Scoutmaster via email:

[mvscoutmstr3@q.com](mailto:mvscoutmstr3@q.com) Sheila



### Health Notes:

In this cold and flu season, let's pass the peace of Christ with words instead of hugs and handshakes.

Tips to stay healthy: Of course frequently wash hands and take vitamin C and zinc, but also gargle and wipe nostrils out with warm salt water, drink lot's of warm drinks and keep hands away from your face.  
(Paraphrased from Dr. V. Goyal, MD)

## YOUTH: 7<sup>th</sup> - 12<sup>th</sup> Grade

Wednesday Night Youth Group 7:00PM

Nov 13: Youth Cleaning Crew

Friday, Nov. 20th: Twilight New Moon Premier Night

Friday, Dec 18th: Gallivan Skating Night and Hot Chocolate

Dec 26: Youth Cleaning Crew

Saturday, Jan 16th: Skiing Day (either Brighton or Solitude)

Jason's office hours: Mon: 1pm to 6pm, Tues: 1pm to 6pm, Wed: 2pm to 8pm, Thurs: off, Fri: 1pm to 6pm  
jstevens4584@gmail.com 598-1151



## Gather Your Friends and Join in the Fun at the 3<sup>rd</sup> Annual Youth Community Dodgeball Tournaments

Saturday, January 9 2009 Jr. High (7<sup>th</sup> & 8<sup>th</sup> Grade)  
Tournament, 12 p.m.  
Sr. High (9<sup>th</sup>-12<sup>th</sup> Grade)  
Tournament 3 p.m.

Teams consist of 6 members of the same age group with at least one girl on each team.

**Registration deadline:** January 3<sup>rd</sup>

Cost: \$5 per participant

Location: Christ United Methodist Church –  
2375 East 3300 South

Register at [youthdodgeball@gmail.com](mailto:youthdodgeball@gmail.com) or call 801-792-7478

Sunday School Youth programs, for 7<sup>th</sup> grade to 12<sup>th</sup> grades, encourage discussion and reflection on spiritual issues in today's culture.

Jr. High (7<sup>th</sup> & 8<sup>th</sup> grades) meet in the Sanctuary building, small classroom.

Sr. High (9<sup>th</sup> -12<sup>th</sup> grades) meet in the Fellowship Building Youth room.

Confirmation Class - Learn more about God and the Methodist Church for 7<sup>th</sup> - 12 grade.

YLC Feb 5-7 Snow Mtn Ranch Winter Park, CO



**"Together We Can.....  
Open Hearts, Open Doors, Open Minds"**

## Scott Reinhard – A Personal Essay



The lights are dim in the sanctuary. The spirit is very strong in this service today—everyone can feel it. It is no matter if not everyone present is a churchgoer—even they feel that something is up. The atmosphere has quieted down—the only audible things are soft breathing, powerful whispers of prayer, and my fingers sweeping over the ivory keys of the piano. It is a powerful and prayerful mood in worship today, and I am blessed to be directing the emotions with my music. I thank God for this moment, and for the music that assisted and inspired this moment as well. I smile as the emotions sweep my fingers off their feet, and the serenade in worship continues...

Music is everywhere. It is on the radio, in the concert hall, in the studio, in the shower. It is the song stuck in your head, the pencil tapping in the back of the classroom, even the percussion of your fingers tapping the buttons of your phone at the red light—often accompanied by the musical horn you hear from behind when the light turns green.

Music is important, too, is it not? It is apart of our everyday lives! For something to be a contributing part of our life is a big deal. Because it is such a big thing, music should be appreciated! How can we show our appreciation?

Perhaps you do show your appreciation—or so you think. You dance around to the music; screaming the lyrics in the car with your friends! The music gets you pumped before the game while you are warming up on the field or on the court. But doing these things—are you really *appreciating* it? You might listen to the first minute of the song, but then you get bored with it and push the button: “next.” You may dance to it, or are you just using that bass-booming rap song as a good excuse to get up and start dancing all over the opposite gender? You know the scenarios where you are most exposed to it; you know what you do with the music in your life.

No worries, I am not accusing you—besides *I* am guilty as well. I find myself dancing like a crazy person to the bass-booming rap (though not in public); I turn up the volume and scream the lyrics at the guy that cut me off. And I enjoy it! A song can put you in a nice, confident mood sometimes. All you have to do is turn the dial in your car to the most deafening volume, and then make funny noises and faces at the car in front of you. Music is fun!

My church is a place of great opportunity for myself to do some appreciating. Everyone is used to singing in church—perhaps you do as well! However, the songs that we sing on Sunday sometimes seem too ritual, unimportant; especially those up-tempo ones that suggest the dreaded “boom chuck, boom chuck” of a rhythm. And don’t even get me started on the “Grandma clap<sup>1</sup>.” Outside of church, “The Star-Spangled Banner” seems ritual as well; we hear it at almost every event we ever attend! Is there a deeper meaning to it, or a deeper appreciation that can be expressed to this ritual music of the world?

Music is an art. Similar to a beautiful painting in a gallery, music needs to be deeply considered. There are little details in and about the music that are not always given the necessary recognition.

I grew up in a musical family. My mom was a Music major; she teaches elementary music, as well as private piano, voice, and guitar lessons. My dad was a Music minor, and he is one of the most phenomenal pianists I know. My brother Shane is a talented pianist, guitarist, and vocalist, and I do believe he is on his way to minoring in music. My whole family has always been the featured quartet as well. We have been performing songs in church and other venues (such as in the car) as far back as I can remember. Music has literally been apart of my life for all of my life! Living a musical as a life, my exposure to this art ignited a flame that would become my life’s passion.

However, it would not come easily. I began piano lessons when I was six. Like any new potential hobby that someone might begin, piano was fun and amusing for the first few years. After a few years of playing the instrument, there was a transition made from fun and amusing, to tedious and time-consuming. But the piano was important to me, and with that importance came a responsibility. Anything that you choose to prioritize is important to you, whether it is an instrument or a sport or a relationship. I chose to keep with my piano playing, and with it came the priority of practicing.

Practice makes perfect. It is simply the only way to become an accomplished musician. At first, it may seem dull when you are taking lessons for your instrument and you have to practice routinely. All practicing may seem to be is just another burden to go with your busy schedule. Not only that, but you might have an annoying teacher that continually reminds you to count out loud while you play, tells you to play a certain part over and over until you throw up, and insists that the notes on the scale do not consist of *every* single letter in the alphabet! However, if you keep with it and bear with all of the time-consuming work, there does come a point in time where you will *want* to play and you will *want* to practice, because you will be at a skill level that is enjoyable. You will be able to play any piece of music that someone throws at you, or anything that you hear on the radio. It may seem to be difficult, but practicing makes it all fun!

There was a point where we had some free time, and the guys were going to the field to play some soccer and football. I was going to join them, but Corrin asked me to serenade her and a couple other girls on the piano for a while. I accepted and made my way to the keys.

Next thing I knew, there were six or seven ladies surrounding me on the piano, submitting their requests! (These were all my aged women, so I did not mind *at all*) I accompanied them to “My Heart Will Go On” from *The Titanic*, as well as plenty of Disney songs, such as “Part of Your World” and “I Just Can’t Wait To Be King.” A little bit of Taylor Swift here, some Coldplay there, a touch of my favorite band, Relient K... The girls were singing and yelling at the top of their lungs and dancing all over the place, while I kept on playing for as long as I could. I was doing two of my favorite things in the world: impressing the ladies (I acquired the nicknames “Prodigy” and “Jukebox” at the time), and rocking out to the piano.

For sweet moments like these, I am thankful that I kept with the piano: I am capable of entertaining others, and also myself with my talent. I know my story—I know where I come from. Because of that, I could appreciate the music and that moment so much.

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<sup>1</sup>Clapping on beats one and three in an upbeat song. It is old fashion, and it is just plain torture to the young folk of the world.

So I kept practicing, backed up by my parents to keep going. It was a struggle at times, but I pulled through—to what emerged a new level of music. I had arrived at the phase where I actually enjoyed the music. I began composing my own melodies and putting my own feelings and ideas into context. I began to play in the worship teams at church, which strengthened my skill as well as my faith. I began listening to songs on my iPod or on the radio, and I was capable of pulling the tunes together on the piano.

I have developed a knowledgeable and legitimate understanding of music. I have taken my life and taken advantages of appreciating music wherever and however I can. This is how I have come to feel the music so deeply.

Music is all about feeling. Music is all about emotion. Picture a violinist playing a piece—she sways forward and backward, side to side, her eyes closed. Her bow is her guide and her bow is the key to her soul, unlocking and releasing pure emotion. She does not see shining lights coming out from her instrument. There is only the smooth sound that is drawn out from her emotional being.

No matter if you are the performer or not, a powerful melody will not present anything tangible from your inside, but it *will* provide for you a pleasant shiver up your spine, a memorable segment in the melody line, a lyric that you can relate to. The aesthetics are capable of making you *feel*, and later of making you remember how you *felt*, when you listened to a song. Feelings and emotions dominate the basis of a human personality, and for music to be capable of making this impact on a personality—an individual—it is incredibly powerful. This is why music is so dear to me: the emotion it reveals to me and the emotion it gets out of me is beyond comparison.

Though “The Star-Spangled Banner” may be fed into our mind on almost a regular basis, it is true that it is fed to us *differently* every time! One day it could be the sloppy recording played over the speakers, and the next it could be the music nerd of the school playing the Anthem on his kazoo; or next time David Archuleta or the King Singers or maybe even Hannah Montana! Perhaps for every version that we hear, there is a different interpretation that we are exposed to. There is a person behind each lyric; an intimate story behind every melody. Perhaps there *is* more to music than you think.

Sure, songs get burned into our head, but what are we to make of it? Yes, you may listen to the song for a minute until you get bored with it—so what? What more should you be doing?

I have developed my appreciation of music through church. We play worship music in church to express our love and faith in Jesus Christ. My faith is very important to me, and being able to incorporate music with my faith is such a benefactor to my appreciation. I play on the worship team at church every Sunday, and I get the opportunity to express my emotions through the piano and through the lyrics of the worship songs.

The lights are dim in the sanctuary. The song begins slowly and simply—it is pleasing to the ears. And I am at the reins of it. I choose the path that this musical emotion will take.



I build the volume to a small peak for the first chorus. It is still not but simple and easy-going, and this is only getting good.

The second verse pierces the surface of the congregation. They feel that something is brewing—but is it inside themselves? Or in the music? Or an earthquake? It is the spirit moving through the music. They just don’t know it yet...

The second chorus proves its strength. My fingers start pounding the keys, but still with a gentleness as if something more was coming. Something more *is* coming. I know how this feels, and I cannot wait to experience the power of the moment yet again.

The bridge is climatic, and no one can hide from it. The shiver now goes up my spine and over my arms to the tips of my fingers. The strokes of my hands over the keys can now move wherever they so choose: the emotional, spiritual impact leading into this part will compensate, whether I quiet the scene or continue to bask in the resounding power of this dynamic point in the music. My eyes are closed; I know that the moment has been made for the congregation—now I can feel this for *me*.

The worship piece dies down once again to the slow and simplistic melody. The spirit of God and of the music has been shared. What follows: it could be tears, continued shivers, deep reflection. Whatever follows, I know that I have released the emotion that needed to be released for the atmosphere. God can do God’s will from there...

Listen intently. Take your life setting—your church, your big game, your leisurely cruise around town in the car—with the music that comes with it. The song is playing: why not take it all in? In the music, you’ll find little things. There is a rhythmic drumbeat that sticks out in the background. There is a sweet bass riff; an addicting guitar solo that sounds so cool. The crescendos and decrescendos; the smooth melodies and scales; the musicalities. The lyrics. Listen for a phrase in the song that you can relate to. There is a story embedded somewhere in the score, I assure you! There is an emotional human being behind the music, waiting to be felt; to which you can relate.

Listen—find out the possibilities.

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### **Don’t Forget the Pastor’s Challenge!**

1) Bring a guest to church Sunday or Wednesday Service.

2) Bring a first-timer to a service project.





When you sign the Attendance Register write “Guest” or “Service” & # of people.

It is all part of Jesus’ commission to go into all the world, making disciples, which is the foundation of the Mission Statement of our Rocky Mountain Conference of the United Methodist Church:

“We pledge ourselves to making disciples for the transformation of the world.”

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# November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b></p> <p>Worship 8:15, 9:45 &amp; 11:15am            Sunday School 9:45am            Young Women's Dance 2-3</p>	<p><b>2</b></p> <p>Bible Study 6:30pm            Girl Scouts 7:00pm              Circle of Friends 7:30pm</p>	<p><b>3</b></p> <p>Prayer Time 8-8:15am            Shakespeare Ed 3:00pm            MN Music 6:00pm            Boy Scouts 7:00pm            Cub Scouts 7:00pm</p>	<p><b>4</b></p> <p>Prayer Time 8-8:15am            Women's Bible Study 9am            Crafts 1:00pm  <b>Wednesday Worship 6:00pm</b>            Youth 7:00pm  <b>Bulletin Deadline</b></p>	<p><b>5</b></p> <p>Prayer Time 8-8:15am            Angel Choir 4:30P            Fitness Class 5:30pm            Praise Team 5:45pm            Choir 7:00pm  <b>Trustees 6pm</b></p>	<p><b>6</b></p> <p>Men's Breakfast 7:00am            Village Inn 8921 S            Redwood Rd    <b>Musical 7:00pm</b></p>	<p><b>7</b></p> <p>Men's Bible 8:00am            Women's Breakfast 8:30am            Espresso Connection    <b>Musical 7:00pm</b></p>
<p><b>8</b></p> <p>Worship 8:15, 9:45 &amp; 11:15am            Sunday School 9:45am            Young Women's Dance 2-3</p>	<p><b>9</b></p> <p>Bible Study 6:30pm            Girl Scouts 7:00pm              Circle of Friends 7:30pm</p>	<p><b>10</b></p> <p>Prayer Time 8-8:15am            Shakespeare Ed 3:00pm            MN Music 6:00pm            Boy Scouts 7:00pm            Cub Scouts 7:00pm</p>	<p><b>11</b></p> <p>Prayer Time 8-8:15am            Women's Bible Study 9am            Crafts 1:00pm  <b>Wednesday Worship 6:00pm</b>            Youth 7:00pm  <b>Church Admin Council 7:00P</b>  <b>Bulletin Deadline</b></p>	<p><b>12</b></p> <p>Prayer Time 8-8:15am            Angel Choir 4:30P            Fitness Class 5:30pm            Praise Team 5:45pm            Choir 7:00pm</p>	<p><b>13</b></p> <p>Men's Breakfast 7:00am            Village Inn 8921 S            Redwood Rd    <b>Musical 7:00pm</b></p>	<p><b>14</b></p> <p>Men's Bible 8:00am            Women's Breakfast 8:30am            Espresso Connection    <b>Potluck 5:30pm</b>  <b>Musical 7:00pm</b></p>
<p><b>15</b></p> <p>Worship 8:15, 9:45, 11:15A            Sunday School 9:45am            A&amp;E Com mtg 11:15            Young Women's Dance 2-3    <b>Sandwiches</b></p>	<p><b>16</b></p> <p><b>Sandwiches</b></p> <p>Bible Study 6:30pm            Girl Scouts 7:00pm  <b>Cub Leader Mtg 7:15pm</b>            Circle of Friends 7:30pm</p>	<p><b>17</b></p> <p>Prayer Time 8-8:15am            Shakespeare Ed 3:00pm            MN Music 6:00pm            Boy Scouts 7:00pm            Cub Scouts 7:00pm</p>	<p><b>18</b></p> <p>Prayer Time 8-8:15am            Women's Bible Study 9am            Crafts 1:00pm  <b>Wednesday Worship 6:00pm</b>            Youth 7:00pm  <b>Bulletin Deadline</b></p>	<p><b>19</b></p> <p>Prayer Time 8-8:15am            Angel Choir 4:30P            Fitness Class 5:30pm            Praise Team 5:45pm            Choir 7:00pm</p>	<p><b>20</b></p> <p>Men's Breakfast 7:00am            Village Inn 8921 S            Redwood Rd    <b>Newsletter Deadline</b></p>	<p><b>21</b></p> <p>Men's Bible 8:00am            Women's Breakfast 8:30am            Espresso Connection  <b>Food Co-op 10-12:30</b></p>
<p><b>22</b></p> <p><b>Family Promise</b>            Worship 8:15, 9:45 &amp; 11:15am            Sunday School 9:45am            A&amp;E Com mtg 11:15            Young Women's Dance 2-3</p>	<p><b>23</b></p> <p><b>Family Promise</b>            Bible Study 6:30pm            Girl Scouts 7:00pm              Circle of Friends 7:30pm</p>	<p><b>24</b></p> <p><b>Family Promise</b>            Prayer Time 8-8:15am            Mom's Club 10:30-11:30am            Shakespeare Ed 3:00pm            MN Music 6:00pm            Boy Scouts 7:00pm  <b>Cub Scouts Pk 7:00pm</b></p>	<p><b>25</b></p> <p><b>Family Promise</b>            Prayer Time 8-8:15am            Women's Bible Study 9am            Crafts 1:00pm  <b>Wednesday Worship 6:00pm</b>            Youth 7:00pm            Bulletin Deadline</p>	<p><b>26</b></p> <p><b>Family Promise Thanksgiving</b></p> 	<p><b>27</b></p> <p><b>Family Promise</b>            Men's Breakfast 7:00am            Village Inn 8921 S            Redwood Rd</p>	<p><b>28</b></p> <p><b>Family Promise</b>            Men's Bible 8:00am            Women's Breakfast 8:30am            Espresso Connection</p>
<p><b>29</b></p> <p><b>Family Promise UM Student Day</b>            Worship 8:15, 9:45 &amp; 11:15am            Sunday School 9:45am            A&amp;E Com mtg 11:15            Young Women's Dance 2-3</p>	<p><b>30</b></p> <p>Bible Study 6:30pm            Girl Scouts 7:00pm              Circle of Friends 7:30pm</p>	<p><i>that my heart may sing to you and not be silent. O LORD my God, I will give you thanks forever. Psalm 30:12 NIV</i></p>		<p><i>Sing to the LORD, you saints of his; praise his holy name. Psalm 30:4 NIV</i></p>		
						<div style="border: 2px solid black; padding: 5px; display: inline-block;"> <h2>2009</h2> </div>